

The current status of young endodontists

Endodontics is a specialty that attracts a considerable number of professionals due to its scientific and biological nature, as well as the high degree of involvement of most undergraduate professors. Such factors positively stimulate a tremendous thirst for increasingly up-to-date knowledge which is associated to the most recent technologies.

Despite having dedicated professors, dental surgeons-to-be do not acquire enough endodontic knowledge during college so as to fulfill the clinical needs and complexities of this specialty. Adding well-established protocols — which are continuously discussed and associated to training — to professional clinical practice is an intelligent and necessary measure for those who pursue a successful career.

New dental professionals and young endodontists share the resolution of an imminent and common issue: scientific and clinical preparation necessary to face the daily challenges. The unquenchable thirst for knowledge, the interest in a well-sedimented science and the development of new abilities (continuous psychomotor exercises) favor solution of many issues related to the clinical practice and which may seem impossible to overcome by young endodontists. Those who are open to acquire new knowledge and fearless of making mistakes or being exposed are stimulated to change their attitude and are more likely to successfully overcome the clinical drawbacks they face, all of which favor success and good professional quality of life.

Conversely, some professionals not only believe that they are not able to acquire information, but also do not find pleasure in searching up-to-date science or new knowledge. Working environment and ambience, stress (working routine and fatigue), lack of planning, and daily professional renovation and ability are some of the aspects that must be reanalyzed in order to avoid potential human errors.

Endodontist's professional ability, whether acquired by young or experienced professionals, requires planning and one of the strategies used to achieve clinical success includes the ongoing quest for excellence in the endodontic science.

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